

Spaghetti Feed with East Valley ABATE

The annual Spaghetti Feed, hosted by East Valley ABATE of AZ took place on the evening of Saturday June 4, 2016 at Mesa's Tri-City 3468 FOE on Broadway ~ from 6-9pm. This fundraiser is an annual favorite, both for the camaraderie and the delicious food.

And delicious it was..... Redbone's meatballs & sauce have been a local favorite for years; served up with bread & salad. Vegetarian visitors are covered as well. He sets a pot of meat-free sauce aside to allow for this option. Chapter members bring a variety of decadent desserts to wrap up the meal.

This is a family-friendly event. Activities are available for little ones, as the grownups converse. Visitors came out from across the Valley. Thanks to that, we had the pleasure of catching up with some West Valley friends.

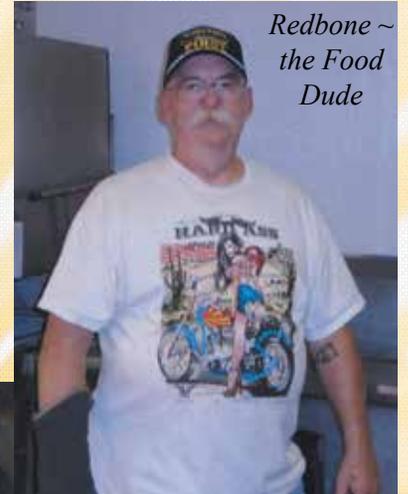
The dining room was BUSY and filled with the joyful sounds of conversation & laughter. This evening's gathering had a record attendance. Never before have the Bonettes had to go get more pasta. Outstanding!

While Redbone is working in the kitchen much of the evening, East Valley ABATE's 'Food Dude', came out at one point to thank everyone for attending & to thank his Bonettes support team for all their efforts. "I would just like to acknowledge The Bonettes, without whom, any of this would be possible. They are always ready to donate their time and even money to ensure that our Spaghetti Feed, as well as every other event we are involved with, is a success."

This is always such a good time.... feeling almost like a family reunion rather than a run. There were many new faces this year. We're thinking... yeah They'll be back ☺ You should plan to be there, too. Once we have the new date, it'll be in our calendar.

*Betsy & Bruce
add'l photos from Trauma Mama*

Next event for EV ABATE is the annual **Hard Ass Run**, to be held on October 8. Details are in our calendar.



*Redbone ~
the Food
Dude*

